



Today's Message

Our Heavenly Father, I can. I can because you are able, and you are in me. Please help me to stop with the I can't, I don't, I want, and I need. I can do your will, I do need you, I will be strong with you, and you will provide. Continue dear Lord to fill me with your love, your strength, and your wisdom. Please help me to realize when I am filling my cup with the things of this world. Thank you for your help. In Jesus name amen.

Psalm 121

- 1 I will lift up mine eyes unto the hills, from whence cometh my help.
- 2 My help cometh from the LORD, which made heaven and earth.
- 3 He will not suffer thy foot to be moved: he that keepeth thee will not slumber.
- 4 Behold, he that keepeth Israel shall neither slumber nor sleep.
- 5 The LORD is thy keeper: the LORD is thy shade upon thy right hand.
- 6 The sun shall not smite thee by day, nor the moon by night.
- 7 The LORD shall preserve thee from all evil: he shall preserve thy soul.
- 8 The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.

Dear Lord, fill my vessel with you. Your word. Your ways. Your path. Your hope. Your truth. Your timing. Your work. Your joy. Your peace. Your name. Lord, I need you to fill my cup. Who better to know what I need than you who knows my heart, my thoughts, and my prayers. I praise you, Lord! You are a big God, bigger than my problems, my fear, or my worry. In Jesus name amen.

Quiz:

Why will the Lord not tolerate my feet to be moved?

Is the Lord always aware of what is happening to His children?

Who casts shade on my right hand?

How does the Lord guide me?

Recommended reading:

James 4:8